



heavenly
BY WESTIN spa

Awaken Your Senses

For a better you.™

Massage

Spa More

HEAVENLY SPA SIGNATURE MASSAGE

A heated compress invites back muscles to relax before a Swedish massage leaves you feeling physically rested and mentally uplifted. Renewal and relaxation come from the harmonious balance of scent and touch; light to medium pressure.

50 MINUTES or 80 MINUTES

ISLAND STRESS RELIEF MASSAGE

Revive tired muscles with this traditional massage using a magnolia massage oil with moderate to firm pressure, to leave a feeling of revitalization and relaxation while aiding in tone and elasticity.

50 MINUTES or 80 MINUTES

DEEP MUSCLE MASSAGE

A therapeutic massage designed to release tension and stress, this massage technique and manipulations help to alleviate soreness, while enhancing range of motion with firm to deep pressure.

50 MINUTES or 80 MINUTES

THERAPEUTIC STONE MASSAGE

A full body massage with light to moderate pressure, glides warm smooth stones over the body that soothes mind and muscles, increases circulation, improves tone and induces tranquility and serenity. *Himalayan Salt Stone or Basalt Stone available*

50 MINUTES or 80 MINUTES

PEA-IN-THE-POD MASSAGE

This prenatal massage offers the option of a special support body cushion to allow the mom-to-be to lay face down or on her side to feel the benefits of this nurturing and relaxing massage. *Not recommended in the 1st trimester or with high risk pregnancy.

50 MINUTES or 80 MINUTES

DUET MASSAGE

This add-on allows you to unite with a special someone in a relaxing setting as you enjoy side-by-side massages.

ADD-ON TO ANY 50 OR 80 MINUTE MASSAGE

AROMATHERAPY MEDLEY

First, choose your special blend, then choose your pressure and pace with your massage therapist. Take home your custom oil.

ADD-ON TO ANY 50 OR 80 MINUTE MASSAGE

REFLEXOLOGY FOOT MASSAGE

Stimulating reflex points on the feet increases blood and oxygen circulation throughout the body instilling deep relaxation.

25 MINUTES ADD-ON or A LA CARTE

FOOT REFRESHER

This treatment begins with a relaxing foot soak followed by an invigorating foot scrub, massage, and ends with a hydrating foot balm.

25 MINUTES ADD-ON or A LA CARTE

RENEWAL RITUAL

An aromatic and therapeutic scalp and shoulder massage with a hydrating agave oil.

25 MINUTES ADD-ON or A LA CARTE

ENERGIZER BODY SCRUB

The entire body is gently exfoliated from tip to toe using cane sugar and then hydrated with our nourishing creme.

25 MINUTES ADD-ON or A LA CARTE

MUSCLE EASE TREATMENT

Targeting specific problem areas with a powerful combination of arnica & essential oils to relieve deep-set stress and tension.

25 MINUTES ADD-ON or A LA CARTE

Body

HEAVENLY SIGNATURE BODY TREATMENT

This firming and tightening treatment includes a full body exfoliation, followed by a warm cactus wrap to help increase blood circulation and elasticity. This treatment concludes with our 30 minute signature massage.

80 MINUTES

ISLAND COCONUT BODY BLISS

An organic coconut sugar scrub buffs skin to perfection. Then you are wrapped in a purifying, revitalizing and hydrating bentonite clay mask. Finishing with an organic coconut oil and island inspired shea butter moisturizer.

50 MINUTES

Face

HEAVENLY SIGNATURE FACIAL

This results-driven facial will be tailored to address your goals. From reversing the signs of aging to addressing hyperpigmentation, this facial will deliver results while still offering relaxation and serenity. 80 minute includes scalp or foot massage & microcurrent.

50 MINUTES or 80 MINUTES

CLASSIC EUROPEAN FACIAL

This facial is uniquely customized to fit all of your needs. It includes cleansing, exfoliation, massage and extractions. 80 minutes starts with a 30 minute back treatment.

50 MINUTES or 80 MINUTES

ISLAND TO SEA FACIAL

This collagen boosting facial uses active organic ingredients from both land and sea. Innovative plant extracts and marine botanical peptides stimulate collagen production for visibly smoother, plumper skin.

50 MINUTES

AGE CORRECTIVE ULTRA FACIAL

This premium facial is formulated to instantly lift, firm, and tighten. Featuring hibiscus peptides this treatment delivers results in minutes and shows long-term improvements.

50 MINUTES

Technology

HYDRAFACIAL

This resurfacing facial is an incredible non-invasive treatment that utilizes patented technology to detoxify, rejuvenate and protect your skin. It delivers immediate results & long-term benefits without downtime or irritation.

25, 50, or 80 MINUTES

NEW! ELEMIS BIOTECH FACIAL

Delivering immediate and longer lasting results with clinically proven technologies. Choose from Radiance Renew, Line Eraser or Firm-a-lift or The Ultimate*. (*Uses ultrasonic, light therapy, O2, Microcurrent and galvanic).

50, 80, or 110 MINUTES

MICRODERMABRASION

This type of skin rejuvenation gently sands the skin removing the thicker, uneven outer layer to treat light scarring, discoloration, sun damage, and stretch marks.

25 MINUTES ADD-ON or A LA CARTE

EXFOLIATING WRINKLE RECOVERY FACIAL

This anti-aging facial helps repair signs of aging, sun damage, fades darkspots, and reduces the appearance of pores. Includes clinical strength peel and LED light therapy.

50 MINUTES

The Salon

Spa More

HEAVENLY SPA SIGNATURE MANICURE

This guest favorite utilizes our signature anti-oxidant white tea infused products that are designed to protect the hands. Includes nail prep, cuticle work, micro-exfoliating hand scrub, hydrating mask, massage and polish.

50 MINUTES

CLASSIC ESSENTIAL MANICURE

This essential spa manicure is great for those that receive manicures often or those short on time. It includes nail shaping, a hydrating massage and choice of polish.

25 MINUTES

MAN-ICURE

Designed for every gentleman. Includes scrub, nail shaping and buffing plus a massage.

25 MINUTES

ISLAND RETREAT PEDICURE

Rescue, soothe and revitalize tired, swollen legs and feet when they are immersed into a rich, creamy whole and coconut milk soak before being cleansed and gently scrubbed to perfection. Next, a nourishing coconut milk mask helps to refine & repair skin and feels truly refreshing to the touch.

65 MINUTES

HEAVENLY SPA SIGNATURE PEDICURE

To re-charge circulation of the lower limbs, you will first enjoy a soothing soak followed by not one, but two exfoliations to smooth those calluses. You will then experience a double action foot mask to soothe and hydrate. Finishing with a heavenly massage and polish.

50 MINUTES

CLASSIC ESSENTIAL PEDICURE

Maintain those beautiful feet all year long with this essential spa pedicure. It includes a soak, nail shaping, an exfoliation, massage and choice of polish.

40 MINUTES

GEL POLISH

15 MINUTES ADD-ON TO ANY MANI/PEDI

GEL POLISH REMOVAL

15 MINUTES ADD-ON TO ANY MANI/PEDI

POLISH CHANGE

15 MINUTES ADD-ON TO ANY MANI/PEDI

FRENCH POLISH

ADD-ON TO ANY MANI/PEDI

ALPHA BETA EXPRESS PEEL

Revitalize your hands or feet with an express anti-aging exfoliation.

15 MINUTES ADD-ON TO ANY MANI/PEDI

HEAVENLY HANDS OR FEET

This nourishing ecofin treatment is made with 100% plant-based emollients & essential oils.

15 MINUTES ADD-ON TO ANY MANI/PEDI

CUSTOM AROMATHERAPY LOTION OR ALOE

We customize a shea butter for your hands or feet just for you. Take home remaining lotion.

ADD-ON TO ANY MANI/PEDI

HAIR SERVICES

Full salon services are available. Our talented team of stylists will complement your look for every day and for any special occasion.

WEDDING SERVICES

Our team of wedding experts are here to help you look and feel beautiful throughout the entire wedding and planning process.

MAKE-UP

Professional make-up artists use the latest make-up techniques and trends for a complete makeover that brings out your best.

HAIR REMOVAL

Our wax is self-preserving antibacterial & antimicrobial so its safe and clean: delivering silky and soft results for every skin type.

Packages & Rituals

HEAVENLY HILTON HEAD

80 minute Heavenly Spa Signature Massage
80 minute Heavenly Spa Signature Body
80 minute Heavenly Spa Signature Facial
50 minute Heavenly Spa Signature Manicure
50 minute Heavenly Spa Signature Pedicure
Spa Lunch from our Spa Menu

6.5 HOURS

ISLAND RETREAT

80 minute Island Stress Relief Massage
50 minute Island Coconut Bliss Body Buff
50 minute Island to Sea Facial
65 minute Island Retreat Pedicure
Spa lunch from our Spa Menu

5 hours

PORT ROYAL PERFECTION

50 minute Heavenly Spa Signature Massage
25 minute Renewal Ritual or Foot Refresher
50 minute Classic Spa Facial
25 minute Classic Manicure
40 minute Classic Pedicure

3.5 hours

HEAVENLY MEDLEY

50 minute Aromatherapy Medley Massage
50 minute Heavenly Spa Signature Facial

2 hours

COUPLES RITUAL

Indulge in a 50 minute Heavenly Spa Signature Massage followed by an invigorating salt or sugar scrub. Savor a spa beverage as you slip into a warm, therapeutic bath while cherishing memorable moments together.

80 MINUTES

BE WELL RITUAL

Heal the body and soul with this special Himalayan salt ritual. Start with an invigorating Himalayan salt full-body scrub, then enjoy a 20 minute Himalayan salt soak, and finish with a 50 minute Himalayan salt stone massage.

110 MINUTES

HEAVENLY RITUAL

Begin with a luxurious treatment for the back, followed by a full-strength facial including microdermabrasion, LED light therapy, and a hydrating mask. This head-to-toe escape includes a hand, arm, foot, and scalp massage.

110 MINUTES

SLEEP WELL RITUAL - NEW!

Dreamy sleep music, serums, creams and mists, combined with your massage therapist's skilled touch, will take you through a relaxing journey that will soothe sore muscles and tight joints and calm your mind and spirit, creating the perfect state of sleep readiness. Includes a take-home DreamKit.

80 MINUTES

Guidelines

HEAVENLY SPA BY WESTIN POLICIES

Guests of the Heavenly Spa by Westin must be at least 18 years of age. Salon treatments are available for guests under 18 with parental supervision. See Spa associate for more details about this policy.

For the courtesy of our guests, cellular phone use is prohibited within the spa premises.

The Westin and the Heavenly Spa by Westin are not responsible for lost, stolen, or misplaced items.

All spa treatment prices are subject to change without notification.

RESERVATIONS

We encourage our guests to schedule their appointments five to seven days in advance to ensure your preferred treatment or therapist is available. Preferences for male or female therapists should be requested at the time of booking. All reservations must be secured with a major credit card and telephone number. To schedule your day, please call our spa front desk at 843.681.1019.

ARRIVAL & CHECK-IN PROCEDURE

For the optimal experience and to guarantee your service starts on time, we recommend that you arrive at least 30 minutes prior to your scheduled appointment time.

Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied, so as not to inconvenience other guests.

THE WESTIN HILTON HEAD ISLAND RESORT & SPA

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heavenlyspahhi.com

Like us: [Facebook.com/HeavenlySpaHHI](https://www.facebook.com/HeavenlySpaHHI)

CANCELLATION POLICY

Cancellations must be made 24 hours in advance of your appointment and 48 hours before any combination of services or Spa Night services. A 50% charge will be applied to all late cancellations. No shows will be charged in full.

SHOWER

A quick shower just before your massage or treatment is relaxing and washes off any salts, sand, minerals or chemicals that could clog the pores when mixed with oils or other treatment products.

COMMUNICATION

Prior to the start of your service, tell your therapist the areas you would like to focus on, and any areas to be avoided. During your service, let the therapist know if you feel any discomfort. Communication is the key to getting what you want out of your experience. Keep in mind that all bodywork is similar to exercise in that, lactic acid and other toxins are released from the muscles. This may cause some soreness for up to a few days.

GRATUITIES

For your convenience, a 20% gratuity will be added to all services. Note, this gratuity is adjustable upon checkout, based on your satisfaction with services received.

RETAIL & ACCESSORIES

Take your spa experience home with a selection of unique and distinctive gifts. Share the experience with someone special with our custom gifts and spa packaging.

Gift Certificates are also available for purchase.